

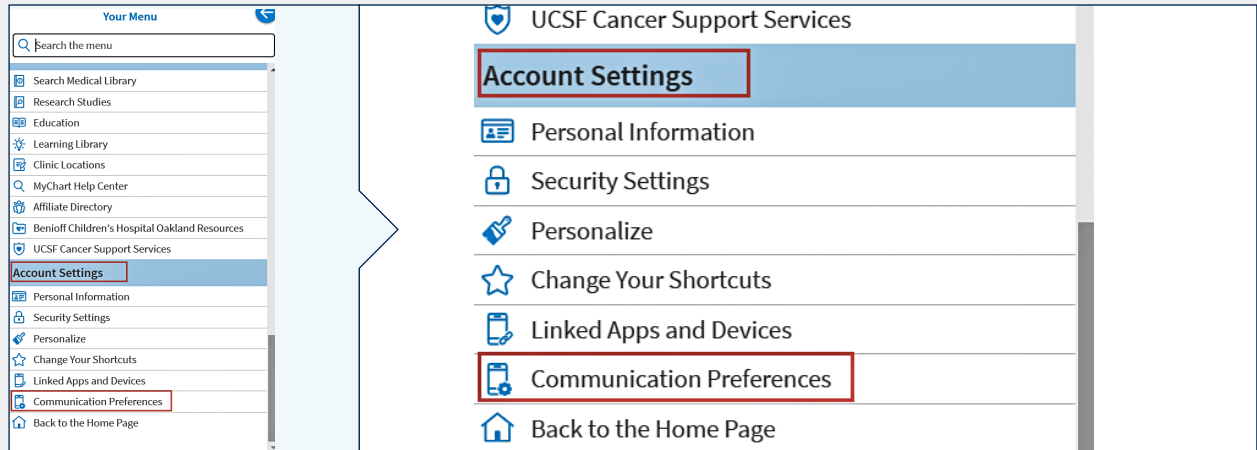
如何接收来自 UCSF Health 的短信



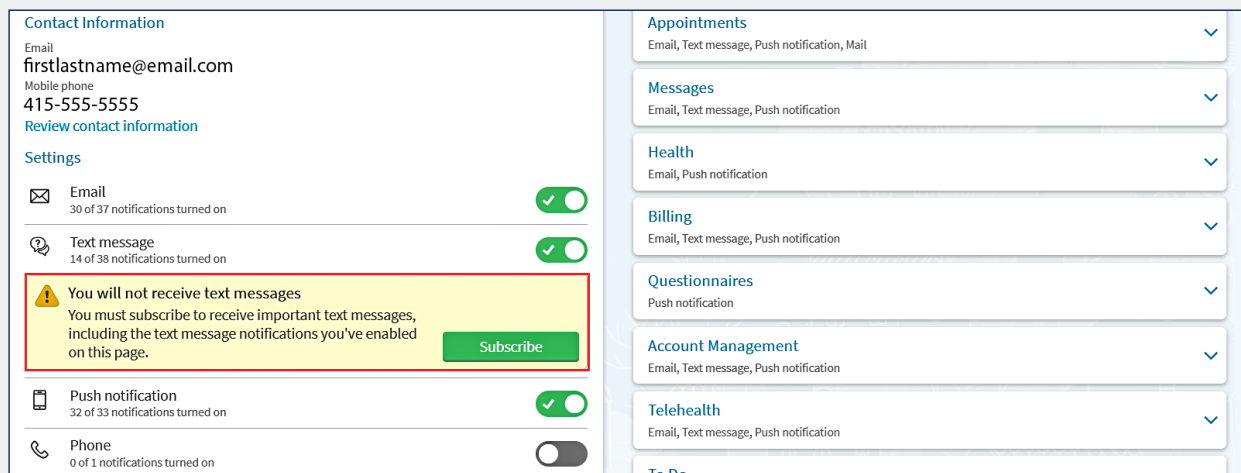
您可以通过两种方式选择接收UCSF Health的短信。最简单的方式是发送“**START**”到**48432**以选择开始或继续接收UCSF Health的短信。

您也可以通过MyChart选择接收短信。按照以下简单的步骤操作即可开始。

1. 从MyChart菜单中, 选择**账户设置 > 通信偏好**。

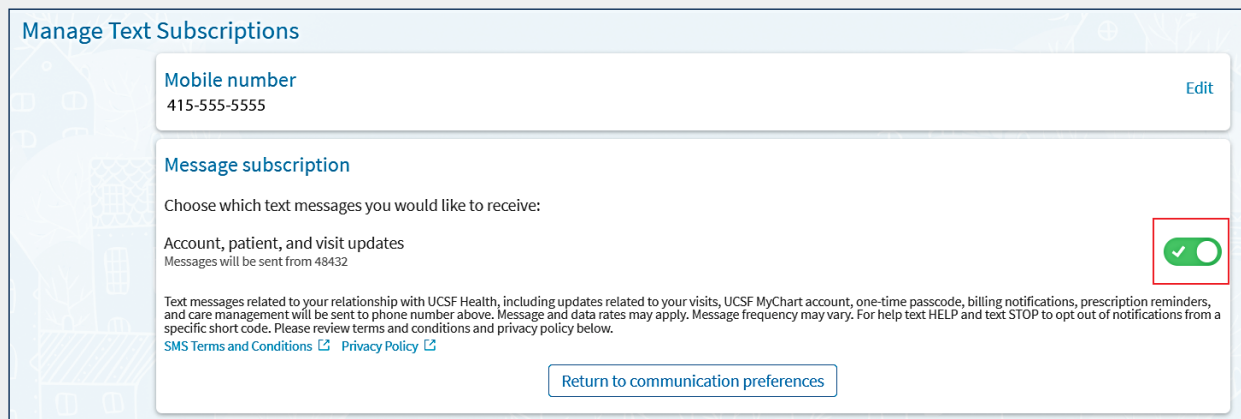


2. 在**短信**部分下点击**订阅**按钮。



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3. 查看**管理短信订阅**部分并同意**条款和条件**。



Manage Text Subscriptions

Mobile number
415-555-5555 [Edit](#)

Message subscription

Choose which text messages you would like to receive:

Account, patient, and visit updates
Messages will be sent from 48432

Text messages related to your relationship with UCSF Health, including updates related to your visits, UCSF MyChart account, one-time passcode, billing notifications, prescription reminders, and care management will be sent to phone number above. Message and data rates may apply. Message frequency may vary. For help text HELP and text STOP to opt out of notifications from a specific short code. Please review terms and conditions and privacy policy below.
[SMS Terms and Conditions](#) [Privacy Policy](#)

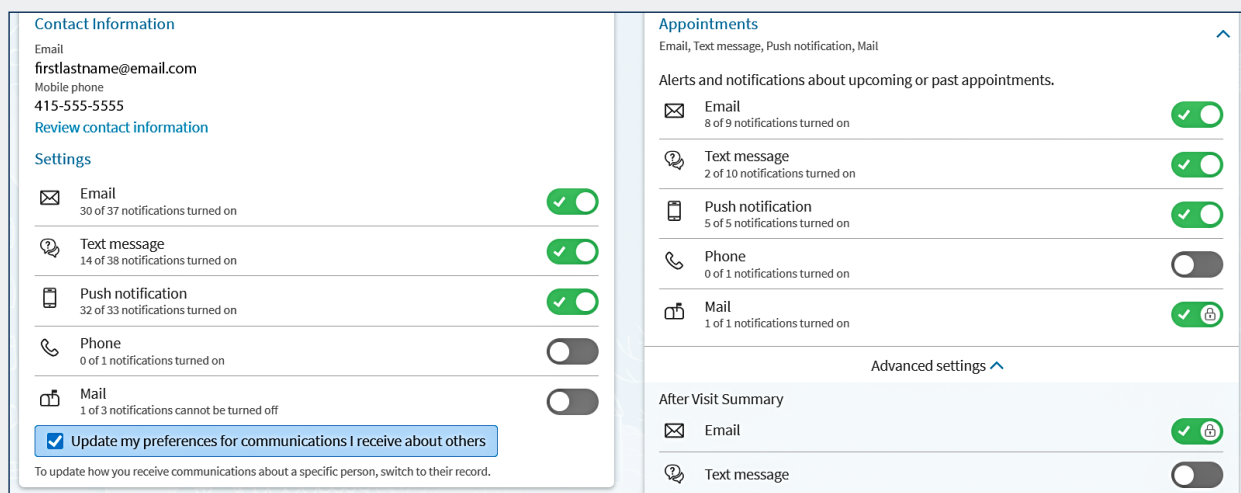
[Return to communication preferences](#)

4. 确保**短信开关**已开启。

如何在MyChart中更新/验证通信偏好。

1. 从MyChart菜单中, 选择**账户设置 > 通信偏好**。
2. 在**常规设置部分**, 验证来自UCSF Health的通知已为您偏好的联系方式开启。(电子邮件、短信、电话或邮寄)
3. 要查看通过特定联系方式发送的通知, 请展开**详情部分**下的通信类型。

例如: 预约、消息、健康和账单是各自独立的通信类型。您可以在每个分组通信类型中选择您偏好的联系方式。



Contact Information

Email
firstlastname@email.com
Mobile phone
415-555-5555
[Review contact information](#)

Settings

- Email 30 of 37 notifications turned on
- Text message 14 of 38 notifications turned on
- Push notification 32 of 33 notifications turned on
- Phone 0 of 1 notifications turned on
- Mail 1 of 3 notifications cannot be turned off

Update my preferences for communications I receive about others
To update how you receive communications about a specific person, switch to their record.

Appointments

Email, Text message, Push notification, Mail

Alerts and notifications about upcoming or past appointments.

- Email 8 of 9 notifications turned on
- Text message 2 of 10 notifications turned on
- Push notification 5 of 5 notifications turned on
- Phone 0 of 1 notifications turned on
- Mail 1 of 1 notifications turned on

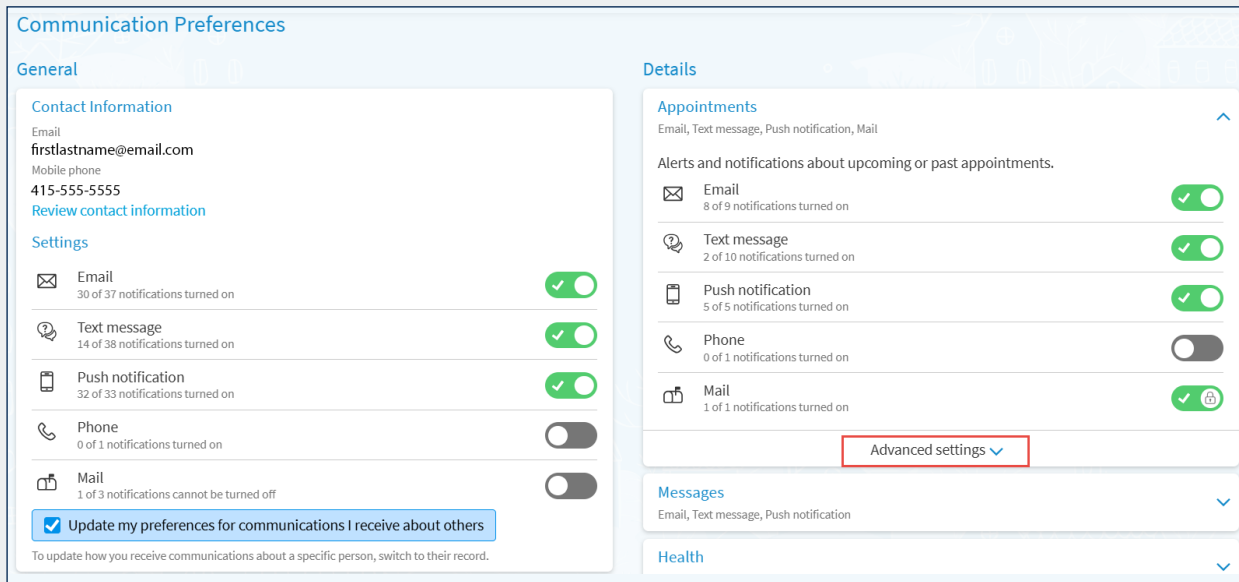
Advanced settings

After Visit Summary

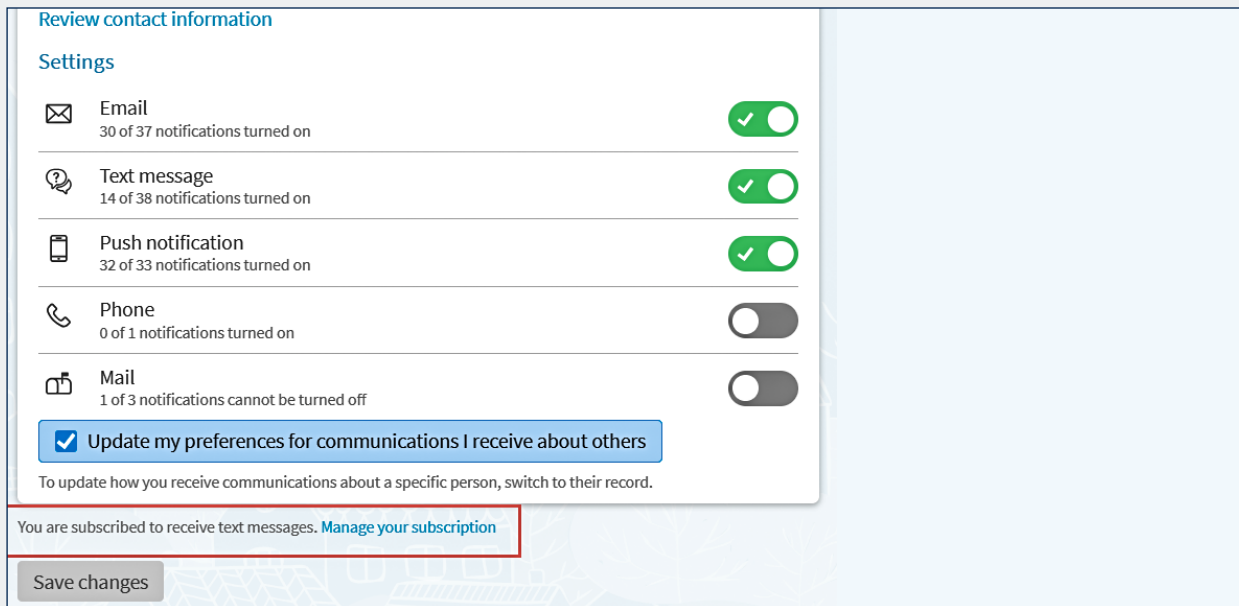
- Email
- Text message

更多 →

4. 在展开的通信类型中, 选择**高级设置**以查看和更新每个部分中接收特定通知的方式。



例如: 在展开的**预约**通信类型中, 您可以选择通过电子邮件、短信或两者接收**就诊后总结**。您还可以选择通过电子邮件、短信、电话或三者接收**预约确认**。如果您只希望通过一种联系方法接收某种通信, 请确保您的偏好方法是唯一开启的。



5. 完成偏好设置后, 选择**保存更改**。

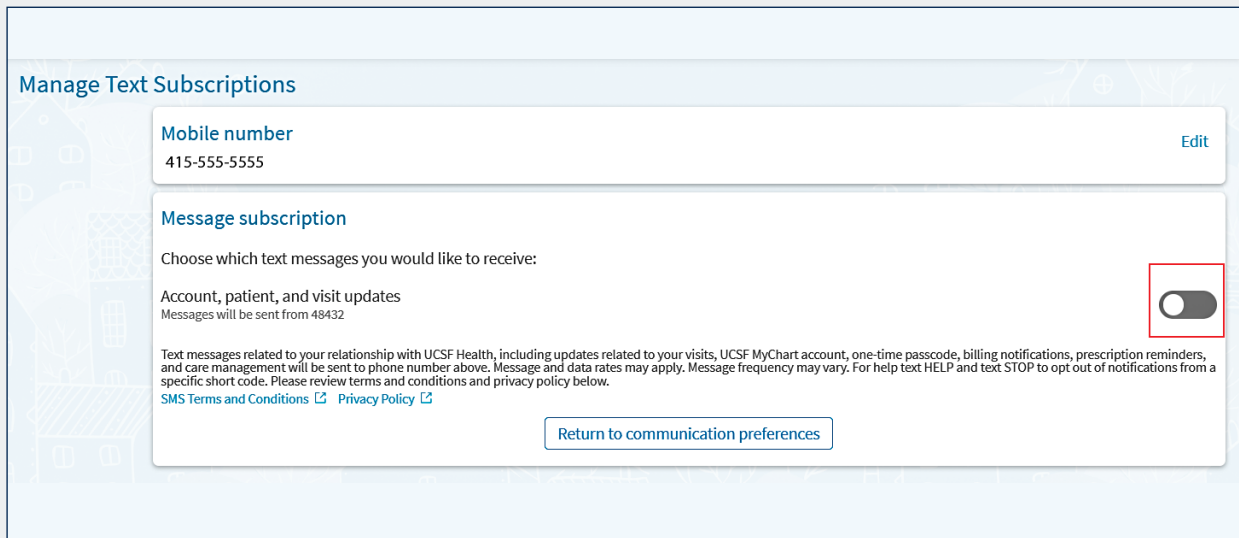
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如果我不再想接收来自UCSF Health的短信怎么办？

要退出接收来自UCSF Health的定期自动消息，随时发送“**STOP**”到**48432**，或在您的MyChart账户的**通信偏好**中管理退出状态。

请注意，发送STOP将停止接收来自UCSF Health的所有短信。如果您希望继续接收某些类型的短信，请在MyChart中更新您的通信偏好。

从MyChart菜单中，选择**账户设置 > 通信偏好**。选择**管理短信订阅**。



Manage Text Subscriptions

Mobile number
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[SMS Terms and Conditions](#) [Privacy Policy](#)

[Return to communication preferences](#)

在**消息短信订阅**页面，关闭开关。

需要帮助？

您可以致电UCSF MyChart客户服务，电话：**(415) 514-6000**，全天24小时，每周7天。



想了解更多信息？

如需了解更多关于UCSF Health短信的信息、我们的条款和条件等，请访问 ucsfhealth.org/sms-terms。